

# THE BEAST

Count: 64    Wall: 4    Level: Advanced

Choreographer: Rob Fowler

Music: Something In The Water by The Cheap Seats

---

## STREET WISE RUNNING MAN STEPS

- 1            Jump feet shoulder width apart at diagonals (right foot forward, left foot back)
- &            Jump feet together hitching left knee
- 2            Jump feet shoulder width apart at diagonals (left foot forward, right foot back)
- &            Jump feet together hitching right knee
- 3            Jump feet apart
- &            Jump feet together (both feet on the floor)
- 4            Jump feet apart
- &            Jump feet together hitching left knee
- 5            Jump feet shoulder width apart at diagonals (left foot forward, right foot back)
- &            Jump feet together hitching right knee
- 6            Jump feet shoulder width apart at diagonals (right foot forward, left foot back)
- 7            Jump feet apart
- &            Jump feet together
- 8            Jump feet apart
- &            Jump feet together (weight on left foot)

## KICK-BALL-CHANGE, KICK, TOUCH, TURN, BODY ROLL

- 9            Kick right foot forward
- &            Step in place with right foot
- 10           Step in place with left foot
- 11           Kick right foot forward
- 12           Touch right toe back
- 13           Turn ½ to the right on balls of both feet
- 14-15        Body roll up
- 16           Touch left next to right

## LEFT VINE WITH ¼ TURN, JUMPS, KICK-BALL-CHANGE, HIPS, JUMP BACK

- 17           Step left foot to left side
- 18           Cross right foot behind left foot
- 19           Step left foot to left side making a ¼ turn left
- &            Jump forward on both feet
- 20           Jump forward on both feet
- 21           Kick right foot forward
- &            Step in place with right foot
- 22           Step in place with left foot
- 23           Push hips forward
- &            Jump back on both feet
- 24           Jump back with both feet

## **SNAKE ROLLS (LEFT, RIGHT), BACK-STOMP, LOOK, HEEL TAPS WITH ¼ TURN**

- 25-26 Snake roll to left side  
27-28 Snake roll to right side  
& Step back on left foot  
29 Step right foot forward  
30 Look over left shoulder (face ¼ left do not turn yet)  
31 Tap heels (raise off the ground and drop)  
& Tap heels make 1/8 turn to the left  
32 Tap heels make 1/8 turn to the left (these two steps bring your body round to face same way as head)

## **HITCH, SLIDE, HITCH, SLIDE, TOUCH, SWEEP, TURN, HIPS**

- 33 Hitch right knee across left leg  
& Step right foot out to right side  
34 Slide left foot up to meet right (weight ends on left)  
35 Hitch right knee across left leg  
& Step right foot out to right side  
36 Slide left foot up to meet right (weight ends on left)  
37 Point right toe forward  
&38 Sweep foot round behind left  
39 Unwind ½ turn to the right  
& Push hips left  
40 Push hips right

## **HITCH, SLIDE, HITCH, SLIDE, TOUCH, SWEEP, TURN, HIPS**

- 41 Hitch left knee across right leg  
& Step left foot out to left side  
42 Slide right foot up to meet left (weight ends on right)  
43 Hitch left knee across right leg  
& Step left foot out to left side  
44 Slide right foot up to meet left (weight ends on right)  
45 Point left toe forward  
&46 Sweep foot round behind right  
47 Unwind ½ turn to the left  
& Push hips right  
48 Push hips left

## **ROCK STEPS, TURN, TRAVELING PIGEON TOES**

- 49 Rock forward on right foot  
& Rock weight back to left foot  
50 Rock back on right foot  
& Rock weight back onto left foot  
51 Step right together making ¼ to the left  
& Swivel heels to the right  
52 Swivel heels to center  
53 Swivel left toe to left, swivel right heels to left  
54 Swivel left heels to left, swivel right toes to left

- 55 Swivel left toe to left, swivel right heels to left  
& Swivel left heels to left, swivel right toes to left  
56 Swivel left toes to left, swivel right heels to left

### **JUMPING JACKS, PADDLE TURNS**

- 57 Jump feet shoulder width apart  
& Jump feet together  
58 Jump feet shoulder width apart  
& Jump feet together making a ½ to the left  
59 Jump feet shoulder width apart  
& Jump feet together  
60 Jump feet shoulder width apart  
& Jump feet together, hitching right knee  
61 Push right toe out to right side making 1/8 turn left  
& Hitch right knee  
62 Push right toe out to right side making 1/8 turn left  
& Hitch right knee  
63 Push right toe out to right side making 1/8 turn left  
& Hitch right knee  
64 Push right toe out to right side making 1/8 turn left

### **REPEAT**